

Fat Is Ridiculous



Overfat men and women, mortified and humiliated by the publicity of conspicuous rolls and billows of fat, are gradually learning that through the discovery of an eminent physician the burden of overfatness is taken from them, leaving the figure attractively proportioned, the flesh firm, the skin smooth, and the general health greatly improved, without dieting, exercises or resulting wrinkles or feebleness. There is no equal and no substitute for the famous Marmola Prescription, but there is a new and more convenient form—a tablet form of this safe fat remover. Marmola Prescription Tablets contain the same harmonious, effective ingredients as the original prescription that has enabled so many thousands of uncomfortable men and women to reduce their weight evenly and steadily at the rate of a pound or more a day. An exceptionally large case of these Marmola Prescription Tablets is sold by all druggists at 10c or sent you direct by the Marmola Co., Farmer Bldg., Detroit Mich., on receipt of price.

Established 1888.
Elphonzo Youngs Company
2315-2317 18th St.
Phone Columbia 4.

Groceries

Wholesale and Retail.
We Have Moved to Our
18th Street Store
Deliveries Everywhere
We give Herald \$25,000 contest votes.

Clafflin Optical Co.,
907 F St.
Better have these eyes attended to now. Delays are often harmful.
We give Votes in The Herald's \$25,000 Contest.

DON'T THROW THEM AWAY
Holes like this are easy for us to mend. Send your shoes to us and we'll mend them practically new.
HOME SHOE REPAIR CO.
719 9th St. N. W.
Work Called For and Delivered.
We Give Votes in The Herald's \$25,000 Contest.

BUTTONS COVERED WHILE YOU WAIT
WASHINGTON BUTTON CO.
Phone Main 1921.
512 New York Ave. N. W.
"It's a Button. We Have It."
We give votes in The Herald's \$25,000 Contest.

Brockton Sample Shoe Parlor
526 H Street N. E.
Newly Opened
Washington's latest and most up-to-date shoe store has recently opened with the most complete stock of sample shoes ever on the market. "Twirl" may you to call.
We give Herald \$25,000 contest votes.

LOOK BETTER
If your clothes are worn, out of shape, or soiled, we'll fix them up to look like new. Expert cleaning, repairing and pressing.
W. H. FISHER
700 10th St. N. W.
Phone M-1152 and We Will Call.
We Give Votes in The Herald's \$25,000 Contest.

MME. LEON MODISTE
513 12th St. N. W.
We Give Votes in The Herald's \$25,000 Contest.

HAIR TONIC
C Stops falling hair, relieves dandruff, soothes, invigorates.
L Carter's Laboratory, Inc., 307 F St. N. E.
B Ask The Carter's Shampoo Cream. Our label recommends it as the best for each purpose represented in the retail sale price.
We Give Votes in The Herald's \$25,000 Contest.

RISON'S
Means natural flavor and highest nutrition in
HOMEMADE BREAD AND PIES.
2106 Pa. Ave. W. 25
We Give Votes in The Herald's \$25,000 Contest.

Call up Main 1419 for All Kinds of Printing Supplies.
J. W. JORDAN
623 D Street N. W.
We Give Votes in The Herald's \$25,000 Contest.

TOPICS OF INTEREST TO EVERY WOMAN

EDITED BY JULIA CHANDLER MANZ

Women in the Printing Craft.

By FRANCES SHAFER.

In the annual report of the New York State Bureau of Labor Statistics, prepared by Mr. George A. Stevens, senior statistician in the department, there is an interesting review of woman's rather stormy struggle for admission to the printing trade.

He shows that away back in the early part of the eighteenth century women were not unknown at the case and press, and that prominent among the few who practiced the compositor's art were two nieces of Benjamin Franklin. Later in the century the number grew, but nobody cared very much about it, because the women almost invariably were part of the household of the proprietor, whom they assisted. Therefore they were not looked upon as employees, and what it more to the point, were not dealt with as employees. For there was a petty animosity between the sexes, and it was not until the word went abroad many years later, that a master printer, seriously contemplating the employment of women as typesetters in his establishment, it was reported, the girls were to be employed on the government printing at Washington, and that they really were working at the cases in Philadelphia.

And the printers thought it high time to learn how big a fire was back of that menacing smoke. So they passed resolutions and sent them broadcast to other cities, asking if any such direful conditions prevailed in their midst, and if such were the case, begging information as to their plan of operation "to prevent the further progress of the evil."

Tempest in a Teapot.
But, so far as actualities went, it was all a "tempest in a teapot" at that time, for the scare was brought about simply by the movement then in progress to widen the industrial field for women and give them an opportunity to engage in more profitable employments than were open to them in those early days.

It was not until 1868 that young girls began to be employed as compositors, and one might suppose that by that time the printers would have calmed their fears and have decided to make the best of what might or might not prove a bad situation for them.

But not so. They did not want women at the cases, and would not have them if they could send them back to their proper sphere. And they took pretty strenuous steps to drive them away, and to break down what they called "this injurious innovation."

They communicated their grievances to newspapers, passed resolutions in their organizations opposing the recognition of the employment of women as compositors, sometimes daily refused to work in an establishment where a woman was employed, and altogether demonstrated that there are situations in this practical, self-seeking world of ours when chivalry and fair play are just pretty dreams.

But even in the earliest days of the contest there were some unions that steadily refused these arbitrary methods. While others were declaring that it was unjust to introduce women into an industry that by right belonged to men, unfair to let women away from their homes to compete with men, thereby reducing the wage scale and demoralizing the women themselves, and quite "contrary to the advance intelligence of the age," there were unions where a more tolerant spirit prevailed. They said that as workmen, husbands, sons, brothers, and fathers, they took a "vividly interest in the welfare, and have the warmest desire to advance the best interests of females," and so they broadly resolved to recognize their right to "any employment for which they may be fitted," and they admitted the justice of paying a woman compositor just as high a rate as a man when she was able to set as many ems a day.

Fight Went On.
The fight went on, women working when and where they could and accepting the wage scale vouchsafed them, not admitted to the men's organizations and rarely welcomed anywhere.

But at last the compositors and the

PATTERN OBTAINABLE.



A handsome dress with the front and skirt in one is given in this design. How we have a frock very simple to construct and one that may be developed in a wide range of suitable fabrics. In the drawing we have the little dress carried out in dotted swiss, with the trimming of insertion and edging.

The pattern, No. 6976, is cut in sizes 4, 6 and 8 years. Medium size will require 1-3/4 yards of 36-inch material, 4-1/2 yards of insertion, and 2-1/2 yards of edging.

The above pattern can be obtained by sending 10 cents to the Pattern Department of The Washington Herald.

ADDRESSED TO WOMEN

IS YOURS A Case of "Nerves?"

Hot flashes, dizziness, fainting spells, backache, headache, bearing-down pains, nervousness—all are symptoms of irregularity and female disturbances and are not beyond relief.

Favorite Prescription

is that of a famous physician, usually experienced in the treatment of women's peculiar ailments. For forty years it has been recommended to suffering women. Thousands of women can bear witness to its beneficial qualities. Perhaps its aid is all that is required to restore to you perfect health and strength. Now is the time to act, write Dr. E. V. Pierce's, Buffalo.

I AM NOW CURED

Miss. Dr. E. V. Pierce's Favorite Prescription has cured me of all my troubles. I am now perfectly healthy and strong. I thank you for your advice.

YOUR DRUGGIST CAN SUPPLY YOU IN LIQUID OR TABLET FORM

Write for free literature to Dr. E. V. Pierce's, Buffalo.

HEIRESS'S BRIDE OF RAILROAD MAN

Miss Helen Gould Weds Finley J. Shepard at Country Home.

CEREMONY VERY SIMPLE

Close Friends and Servants Only Witnesses—Employer Remembered by Bride—Honeymoon Abroad.

New York, Jan. 22.—In her turreted castle, on the heights bordering the Hudson near Tarrytown, Helen Miller Gould, eldest daughter of the late Jay Gould, mistress of millions and the idol of democracy, today became the bride of Finley J. Shepard, son of the late Rev. Dr. Peter L. Shepard, of Connecticut, and Eastern representative of the Gould railroad system.

The sweet solemnity of the occasion was emphasized by the magnificent simplicity. And after Rev. Dr. Daniel Russell, pastor of Irvington Presbyterian Church, had spoken the impressive words that made her a matron, the woman who has been termed "the most beloved in America," sent the following message to the public:

"This is the anniversary of my mother's death, and I am deeply touched by all the expressions of good will that have come to me to-day from different parts of the country."

Later came the announcement that none of the philanthropic work to which Mrs. Shepard has given so much of her time in the past will be neglected in the future.

To Spend Honeymoon Abroad.
After a few days at Lyndhurst, Mr. and Mrs. Shepard will go abroad for their honeymoon. Upon their return they will entertain quite extensively in their Fifth Avenue home.

To-day's ceremony was scheduled for half an hour after noon. It was delayed a few minutes while Miss Gould personally shook hands with each of the sixty-seven employees of the Lyndhurst estate, to each of whom she presented an envelope containing \$25 in bills.

At 12:30 the bridal procession filed down the stairway. Miss Gould leaned upon the arm of her brother, George J. Gould. She wore a gown of ivory white duchesse satin, trimmed with rose point lace and seed pearl embroidery. She wore a wondrously wrought veil made up of 191 interwoven designs.

This was a gift of the Duchess de Talleyrand. The veil was attached to the hair with a spray of orange blossoms and extended to the limit of the ten-foot train. The bride's slippers corresponded with the gown, and were trimmed with small roses of orange blossoms.

The bride carried a bouquet of her favorite flowers—lilies of the valley—and white Bird of Paradise orchids, and also a beautiful point lace kerchief, the gift of Mrs. Russell Sage. She wore a diamond pendant—a gift of Mr. Shepard—suspended from a string of exquisite pearls, said to have belonged to the Empress Josephine, and formerly belonging to the bride's mother. The pearls were presented by Jay Gould.

Enjoy Wedding Breakfast.

The bride's only attendants were her nieces, Dorothy and Helen, each wearing a string of pearls presented by their father.

Half way up the "wedding aisle" the chaperone of the castle was met by her fiancé and his best man, Louis J. Shepard, Esquire, the ceremony, the Empress Josephine, and the grand dining-room to enjoy the wedding breakfast, a telegram was thrust into the bride's hands. It was a message from Mrs. Peter L. Shepard, who is an invalid and confined to her room in the New Haven Hospital. Mrs. Shepard wired her sorrow at not being able to attend.

Mr. and Mrs. Shepard halted the wedding breakfast long enough to reply. This message read: "Sorry you can't be with us on the happiest day of our lives. FINLEY AND HELEN."

LITTLE SUGGESTIONS WORTH REMEMBERING

In making cream sauce to use with a vegetable, add just a touch of lemon juice. If it is made, it improves the flavor greatly.

Quinces, pears and apples will not turn dry and become puffed if they are put at once into cold water, slightly acidulated; either vinegar or lemon juice may be added to the water.

When next making mayonnaise or a boiled dressing add a little chili sauce. It quite changes the flavoring, giving a special piquancy to the salad.

If there is need for having a candle burn very slowly, as at night in case of illness, pack salt close to the wick.

An apple jelly flavor with mint is a delicious accompaniment to a leg of lamb.

Bananas sliced lengthwise and spread with peanut butter and then pressed firmly together make a delicious salad served on hearts of lettuce with a French dressing.

To prevent frying fish from becoming greasy and sodden, have the fat in which it is to be fried almost boiling hot before putting the fish in the pan. A blue smoke will be rising from the fat when it is in the proper condition.

If a pancake griddle must be kept hot for late comers, slip it into the oven close the door, and when the griddle is needed it is hot.

When a hot dish is inadvertently placed on white oilcloth, and adheres thereto, do not pull it forcibly away and with it small bits of the oilcloth. Try pouring very hot water about the dish. Often the dish will come away and leave the cloth intact.

When using a bottle of glue the stopper may be prevented from sticking by rubbing the fresh one with a little lard or grease of some kind and using that in place of the sticky one.

Oil the hinges of squeaking doors by using a feather dipped in some linseed oil.

To clean pewter wash the articles with hot water and fine silver sand, then dry and polish them with a leather.

Beetles can be exterminated from any room if the place they infest is sprinkled with ground borax mixed with common brown sugar.

SIXTH GRADE PUPILS IN GRAND RUSH

For Newman Travel Talk Tickets—Closest Class Friday Night.

If you want to be one of the fortunate boys or girls to get two orchestra seat tickets to hear Mr. Newman next Monday afternoon lecture on Switzerland, hurry up your entries to the Heavy Editor to-day.

There is quite some competition among the pupils of the different schools in the District and there is no telling which school is to be the banner winner. It's not too late to write our essay. Do it now and be sure and read these rules.

Sixth Grade — SWITZERLAND, Monday Afternoon, January 27.
Seventh Grade — MUNICH TO BERLIN, Monday Afternoon, February 3.
Eighth Grade — THE TOP OF THE WORLD—ICELAND — Monday Afternoon, February 10.

The Washington Herald has arranged to give ONE HUNDRED orchestra seat tickets to each of the THREE NEWMAN TRAVEL TALKS at the Columbia Theater on Monday afternoon, January 27, and February 3 and 10, at 3:30 p. m. There will be 200 prizes in all. Any girl or boy attending the PUBLIC SCHOOLS will be eligible to enter this interesting educational contest.

The subject of each of the Newman Travel Talks will be assigned for a particular grade. The prizes will be awarded for the best essays on the countries mentioned, for each grade and will be confined to the grade and country as set above. Each essay to be not more than 100 words, and to be written on one side of the paper. The name, address, and grade of the pupil to be written at the end of the essay. There will be twenty-five prizes of two tickets each for the girls, and twenty-five prizes for two tickets each for the boys.

Further particulars will be published in subsequent issues of The Washington Herald. School boys and girls, write your essays to-day. Address all letters to NEWMAN TRAVEL TALKS EDITOR, THE WASHINGTON HERALD.

A Thursday Bargain Sale That Provides Matchless Economies for Everybody

Regular 10c
Sheet Music
Four for 10c

THIS COUPON and 10c for FOUR copies of Sheet Music, sold regularly at 10c each. Large assortment of popular selections. Tied four in a bundle. 40c value for 10c. (H)

Goldenberg's
SEVENTH AND K "THE DEPENDABLE STORE"

Thursday's Special Lunch.
Pure food served in the most appetizing manner, that is the reason for the big popularity of our "Purity" Lunch room.
The following lunch served from 11:30 to 2:30 p. m. to-day:
Egg Salad, Bread and Butter, Cup of Coffee. 16c
Home-made Pie. Price..... 16c

White Satin Toilet Soap, 2 for 5c.
THIS COUPON and 5c for TWO cakes of White Satin Floating Soap, for toilet and bath. (H)

Final Selling of McCalley & Kibbey's Stock at Drastic Reductions for Clearance

The great sale of McCalley & Kibbey's stock of Women's Garments is approaching its close. Only a few more days remain for you to take advantage of the marvelous values we have been offering in Women's Tailored Suits, Coats, Dresses, Waists, and Wraps. In order to wind up the balance of the stock quickly we have made deep cuts in the prices on all McCalley & Kibbey merchandise. You may now realize your greatest bargain expectation, but you must not delay coming, as the lines are dwindling rapidly.

McCalley & Kibbey's Entire Stock of Women's Tailored Suits
Grouped in These Three Lots:
Tailored Suits worth \$15.00 and \$20.00, at \$6.50
Tailored Suits worth \$22.50 and \$25.00, at \$10.00
Tailored Suits worth \$30.00 and \$40.00, at \$14.50

McCalley & Kibbey's Stock of Women's Fashionable Coats
Women's Coats, worth \$15 and \$20, at \$6.50
Women's Coats, worth \$25 and \$27.50, at \$9.50
Women's Coats, worth \$30 and \$35, at \$14.50

McCalley & Kibbey's Stock of Fur Sets and Separate Furs
\$20.00 White Iceland Fox Sets reduced to..... \$6.75
\$25.00 Red Fox Sets reduced to..... \$12.50
\$50.00 Moleakin Cooney Sets reduced to..... \$22.50
\$22.50 Genuine Red Fox Sets reduced to..... \$12.00
\$42.50 Genuine Alaska Black Fox Sets reduced to..... \$19.75
\$45.00 Finest Alaska Black Fox Sets reduced to..... \$23.75
\$115.00 Lapis-dyed Lynx Sets reduced to..... \$49.50
\$125.00 Genuine Cross Fox Sets reduced to..... \$57.50
\$225.00 Far Eastern Mink Sets reduced to..... \$99.00
\$175.00 Far Eastern Mink Sets reduced to..... \$87.50
\$75.00 Genuine Natural Raccoon Sets reduced to..... \$39.50
\$125.00 Black Fox Muffs reduced to..... \$12.50
\$125.00 Black Fox Shawls and Scarfs reduced to..... \$7.50
\$10.00 Jap Sable Novelty Scarfs reduced to..... \$4.75

Sale of Men's Neglige Shirts Manufacturer's "Seconds" of Regular \$1, \$1.50 and \$2 Qualities for 59c

A leading manufacturer disposed of his accumulation of Shirts, which for one reason or another are classed as "seconds" because of slight imperfections. Some of these shirts have small holes, due to defective laundry work, which can be easily mended, and others are spotted. By reason of these small faults we bought the entire lot at a figure that permits us to offer you really high-grade shirts for less than cost of manufacture.

They are the product of a maker whose trade-mark brand is known from one end of the country to the other for high quality, perfect fit, and correct style. Materials consist of madras, percale, linenette, silk, soisette, and pongee. Plain and Plaided Shirts in plain white, light, medium and dark-colored designs in a wide range of styles. Made in coat style, with cuffs attached, and some with soft turn-back cuffs. ALL SIZES from 13 1/2 to 17. Choice of any shirt in the lot for 59c.

Combination Bed Outfit
Regular \$10.00
Value, at... **\$6.48**

We have prepared a number of these Bed Outfits for to-day's sale. Anticipate the needs of the coming inauguration and pocket a big saving.
Each outfit consists of all-iron brass-trimmed white enamel bed, with heavy posts and pillars; all iron frame finished springs, with double steel "Rhinoceros" top, and soft top mattress covered with good quality striped flannel, tape bound.
Matters 4 ft. 6 in. or 4 ft. 8 in. sizes; complete outfit for \$8.48.

Women's "Burson" Stockings
"Seconds" of Regular
25c and 35c Grades at **12 1/2c**

"Burson" Stockings are made with widened leg, narrowed ankle, and shaped foot, the only ones knit to fit without a seam, and the most comfortable stocking a woman can wear.
In light and medium weights, ribbed, and hemmed tops, in fast black. Made with garter top, double sole, heel and toe.
Special sale to-day of "seconds" of regular 50c and 60c grades, at 12 1/2c a pair.